

	Elementary	Lunch Menu			September 2009	
	1	2	3	4	5	
6	7	8	9 Hamburger / Cheeseburger on a Whole Wheat Bun Turkey, Lettuce & Tomato Whole Wheat Bread Wedge Cut Potatoes	10 Taco Bar w/Assorted Fixings Crunchy Fish Nuggets Steamed Corn	11 "PIZZA FRIDAYS" French Bread Pizza Very Vegetable Salad	12
13	14 Breaded Chicken Patty on a Whole Wheat Bun Savory Beef Ravioli Steamed Broccoli	15 Hamburger / Cheeseburger on a Whole Wheat Bun Crispy Chicken Nuggets served w/Choice of Dipping Sauce Oven Roasted Potatoes	16 Zesty Italian Meat Topping over Pasta Choice Turkey w/Lettuce & Tomato on Sliced Whole Wheat Bread	17 Roasted Chicken Guisado Crunchy Fish Sticks Spanish Rice Sweet Plantains	18 "PIZZA FRIDAYS" Corner Style Pizza Zucchini, Corn, Tomato & Basil Salad	19
20	21 Mozzarella Sticks served w/Tomato Sauce Jamaican Style Beef Turnover Vegetable Normandy	22 Toasted Cheese Sandwich Crunchy Fish Nuggets served w/Tartar Sauce French Cut Green Beans w/Sauteed Garlic	23 Hamburger / Cheeseburger on a Whole Wheat Bun Crispy Chicken Tenders served w/BBQ Sauce Wedge Cut Potatoes	24 Southwest Style Beef w/Shredded Cheese, Lettuce, Tomato & Salsa Turkey & Cheese w/Lettuce & Tomato on Whole Wheat Bread Confetti Corn Salad	25 "PIZZA FRIDAYS" French Bread Pizza Very Vegetable Salad	26
27	28 Charbroiled Beef Hoagie Patty w/Peppers & Onions on a Hero Capri Blend Vegetables	29 Cheeseburger on a Whole Wheat Bun Crispy Chicken Nuggets Straight Cut Potatoes	30 Roast Chicken Crunchy Fish Sticks Harvest Rice Medley Steamed Broccoli			